



DEEPER
THAN COLOR

College Counseling Services

Deeper Than Color: Social Justice & Strength-Based
Psychotherapy and Consulting
www.deeperthancolor.com
admin@deeperthancolor.com
510-761-8282

Counseling Services

Introduction

Meet Our Team

College Counseling
Services

Funding Options &
Examples

Choosing a Therapist

What to Expect



DEEPER
THAN COLOR



DEEPER
THAN COLOR

- Deeper Than Color is a team of highly skilled mental health professionals who work with a diverse clientele and specialize in providing social justice oriented psychotherapeutic and consultative support. We are rooted in the belief that to heal and thrive, it is necessary to acknowledge the harm caused by complex systems of oppression, as well as the strengths that grow from our history and cultural heritage. Our team is committed to mental freedom and the happiness that comes with it.

College Counseling

- Nurture resilience and well-being among your students with our specialized counseling services. Deeper Than Color extends its expertise in strength-based, culturally responsive support to the unique environment of college life. Our dedicated psychologists are adept at providing social justice-oriented counseling with a focus on empowering students of all backgrounds, especially those from historically marginalized communities. Recognizing the intricate tapestry of cultural heritage and systemic challenges, our services aim to bolster students' inherent strengths and honor the full spectrum of their identities.

Let Us Help You Address Unmet Needs



- **Supplementing Campus Resources:** Our services supplement campus resources. We recognize the limitations within university systems and provide an external avenue to ensure comprehensive student support.
 - *Addressing Staff Shortages*
 - *Increasing Cultural Relevance*
 - *Supporting Resilience and Persistence*



Meet Our Team!

- Meet our team of highly skilled mental health professionals!
- Dr. Bedford Palmer II, Dr. Jacqueline Benson, Dr. Mar Chung, Dr. Leah Oliver, and Dr. Cathy “Cat” Thompson are licensed psychologists; Dr. Konjit Page. Dr. Miguel Frank and Dr. Nekolas Milton are registered psychological associates.
- [View our bios to learn more about each of our clinical specialties.](#)

College Counseling Services

Depending on your system, students may request authorization from their student health provider or contact us independently to receive psychotherapeutic support from a Deeper Than Color therapist.

Your institution can negotiate a flat rate for 50-minute individual therapy sessions and set a limit on the number of sessions if students are being reimbursed.

After students have reached their session limit, they can choose to continue with their Deeper Than Color therapist at the negotiated rate or they may choose to end therapy.



Funding Options

Flat Reimbursement:

Students pay Deeper Than Color directly and are then reimbursed by their institution for clinical fees at a flat rate based on the chosen benefit.

Flat Rate Billed to Institution:

Your institution negotiates a flat rate with Deeper Than Color. Students are not charged for sessions. Deeper Than Color bills your institution directly at the negotiated rate.

Student Health Insurance Direct Billing:

If students have access to PPO student health insurance, Deeper Than Color will provide access to a direct billing service that will allow students to only pay co-insurance (if their deductible has been met) and the remainder will be directly billed to insurance.



Funding Examples

Flat Reimbursement:

Session fee is \$225.

Your student pays \$225 to Deeper Than Color

Your institution reimburses your student \$225 or less, depending on your benefit level.

Flat Rate Billed to Organization:

Session fee is \$225.

Your student pays \$0 to Deeper Than Color.

Your institution pays Deeper Than Color \$225.

Student Health Insurance Direct Billing:

Session fee is \$225.

Your student pays \$90 (40% co-insurance) to Deeper Than Color.

Deeper Than Color charges the remaining \$135 directly to student health insurance.





Student Health Insurance Direct Billing

- Students use PPO health insurance to pay for clinical services.
- Students use Deeper Than Color's direct billing partner to only pay their co-insurance.
 - After meeting their deductible, students pay the percentage of the bill that is not covered by their insurance.
 - We bill the student health insurance company directly for the remainder of the bill.



Choosing a Therapist (Example)

- Visit www.deeperthancolor.com
- View our therapist's bios for more information on their therapeutic styles and specializations.
- Use the Calendly Scheduling Widget at the bottom of the therapist's profile that you want to work with and schedule a phone consultation with our admin team.
- During your phone consult, be sure to mention your institution and that you have been authorized to receive eight sessions.
- Our admin team will let you know if that therapist has openings and will either schedule your initial appointment or help you find one of our therapists who is more available.

What to Expect...

Phone Consult

- Before the first appointment, we offer a free 15-minute phone consultation with administrative staff. They will help you select a therapist who is a good fit for what you are looking for.

Initial Appointment

- This initial 45-50 minute session will be a time for the therapist to really find out what's going on for you, to set goals, and to identify your expectations of therapy.

Follow-up Appointments

- Follow-up sessions are typically 45-50 minutes long. Sessions are usually weekly but can be every two weeks, three weeks, monthly or as needed.





DEEPER THAN COLOR

Deeper Than Color: Social Justice & Strength-Based
Psychotherapy and Consulting
www.deeperthancolor.com
admin@deeperthancolor.com
510-761-8282